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Use for your personal development

DIMENSION: WISDOM

Wisdom		37	Moderate
Subcategory	Vision & Purpose	54	Moderate
Subcategory	Wholeness	25	Low
Subcategory	Emotional Capacity	38	Moderate

DESCRIPTIONS

- Wisdom** Wisdom is about tapping into your inner greatness—the worthwhile purpose, higher vision, and innate genius you can use to guide yourself and others toward inspired impact. The Wisdom dimension has three subcategories: Vision & Purpose, Wholeness, and Emotional Capacity.
- Vision & Purpose** Vision & Purpose measures the extent to which you create a meaningful purpose and holistic personal vision and use these to guide your life and leadership.
- Wholeness** Wholeness measures the extent to which you experience a sense of personal integration, even with the differing, sometimes conflicting, facets of life.
- Emotional Capacity** Emotional Capacity measures the extent to which you bring equanimity and lightness to your life and relationships, along with an ability to tune into others.

DIMENSION: THRIVING AMPLIFIED

Thriving Amplified		46	Moderate
Subcategory	Energizing Others	36	Moderate
Subcategory	Maximizing Others	61	Moderate
Subcategory	Cultivating Care in Others	44	Moderate

DESCRIPTIONS

Thriving Amplified	Thriving Amplified means bringing forth more of your leadership potential to empower thriving within others. The Thriving Amplified dimension has three subcategories: Energizing Others, Maximizing Others, and Cultivating Care in Others.
Energizing Others	Energizing Others measures your perception of how invigorated and energized people feel through interacting with you.
Maximizing Others	Maximizing Others measures your perception of how much clarity, effectiveness, meaningful impact, and growth people experience through interacting with you.
Cultivating Care in Others	Cultivating Care in Others measures your perception of the gratitude, kind acts, and collaborative relationships people are likely to demonstrate with others through interacting with you.

THE RESEARCH BEHIND BE WELL LEAD WELL PULSE®

Our team at Wisdom Works is delighted you chose Be Well Lead Well Pulse® to support you. Be Well Lead Well Pulse® was born through three decades of coaching, training, and facilitating the transformation of leaders and leadership teams around the world. Our aim was to create a survey that not only helps leaders elevate their wellbeing, growth, and effectiveness, but also contributes new scientific insights about healthier, more conscious, and sustainable models of leadership globally. To achieve this aim, we are grateful for our collaboration with Dr. Tom Duening and Dr. Don Gardner from the Positive Organization department of the College of Business, University of Colorado at Colorado Springs.

Producing a high-quality, well-grounded, and integrative survey takes grit! Be Well Lead Well Pulse® questions were designed through our extensive work with leaders, plus drawn from the host of incredible scholars listed below. We hope you find their work and Be Well Lead Well Pulse® instrumental in your journey to advance leadership for thriving organizations and a healthier world.

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